

IMPORTANCE OF THE STUDY OF ABSTRACT NOUNS INDICATING EMOTIONAL CONCEPTS (HOPE) IN ENGLISH AND UZBEK LANGUAGES

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Abstract: *This article discusses abstract nouns, or emotions, in relation to how they relate to the way people think. Religious literature, folktales, and mythology are cited as instances for elucidating the abstraction. Further discussion will be held about the verbalization of emotions in language through abstract ideas.*

Key words: *hope, concept, emotions, abstraction, lexical field, meaning.*

Emotions are complex and subjective experiences that play a crucial role in human psychology. According to the Dictionary of Psychology, emotions are self-contained phenomenal experiences that are subjective, evaluative, and independent of the senses, thoughts, or images that evoke them. The term "emotion" is closely related to the concept of "feeling," which refers to the conscious subjective experience of emotions. The study of these subjective experiences is called phenomenology, a field that delves into the understanding of human consciousness and awareness.

In the context of psychotherapy, it is essential for therapists to guide their clients in understanding, expressing, and effectively regulating their emotions. This process ultimately helps individuals take responsibility for their emotional experiences and interactions with the world. Emotions also have a significant embodiment in consciousness, influencing an individual's perception and awareness. Compared with more widely discussed notions like belief and desire, the phenomenon of hope presents some unique challenges for both theories of the mind and theories of value. The typology of abstract nouns is intricately linked to the lexical level based on the word's lexical meaning, and to the

morphological level based on their overarching grammatical function of "expressing an abstract concept". Comparing abstract nouns across different languages requires a thorough examination of their commonalities and differences. It is essential to first clarify and define this concept in order to facilitate comparative analysis. Furthermore, understanding the distinctions between specific and abstract nouns in various languages necessitates delimiting their boundaries. The interpretation of meanings associated with abstract nouns in diverse texts may present challenges due to difficulties in visualization. For instance:

- 1) "Hope" – is a feeling of expectation and desire for a certain thing to happen. It involves optimism, looking forward to a positive outcome, and the belief that good things will come.
- 2) Hope can also be seen as a motivational state, which helps people to set and pursue goals, persist in the face of obstacles, and bounce back from setbacks. It's considered a crucial aspect of human resilience and well-being. Hope is not just an emotion; it also has cognitive dimensions, as it involves anticipation and planning for the future.

Therefore, studying abstract nouns is more important because they serve as valuable tools in speech from a practical perspective. The practical aspect of word meaning encompasses mood, worldview, speech context, and figurative interpretations. Abstract nouns cover features related to spiritual life and the conceptual content of society's lifestyle, naming properties and events that have been given value in the minds of society and are preserved with this value. Therefore, understanding the subjective experience of emotions is crucial as it plays a vital role in human psychology and influences various aspects of individuals' lives (Barrett et al., 2007).

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